



Tulsa Public Schools - High School Lunch Menu

May 2017



EVERYDAY CHOICES

Fresh Whole Fruit • Fresh or Steamed Vegetables • Fruit Juice • Half Pint Milk



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Hot Dog Country Steak Fingers Hot Turkey & Cheese Sandwich Turkey Chef Salad w/ Crackers Fruit & Cheese Plate w/ Crackers Cheese Pizza Pepperoni Pizza Veggie Supreme Pizza	<b>2</b> Chili Cheese Burrito Crispy Fish Nuggets Veggie Chef Salad w/ Crackers Spicy Chicken Wrap Cheese Nachos w/ Black Beans Cheese Pizza Pepperoni Pizza All American Cheeseburger Pizza Spanish Brown Rice	<b>3</b> Italian Baked Pasta w/ Garlic Toast Crispy Chicken Sandwich Hamburger Ham Chef Salad w/ Crackers American Wrap Cheese Pizza Veggie Supreme Pizza Buffalo Chicken Pizza	<b>4</b>  BBQ Pork Sandwich w/ Carolina Slaw Baked Potato w/ Broccoli & Cheese Sauce Honduran Quesadillas Crispy Chicken Salad w/ Crackers Ham & Cheese Sandwich Cheese Pizza Pepperoni Pizza Classic Supreme Pizza	<b>5</b> Crispy Chicken Strips w/ Waffles Southwest Cheeseburger Corn Dog Veggie Chef Salad w/ Crackers Turkey & Cheese Wrap Cheese Pizza Pepperoni Pizza Spicy Hawaiian Pizza Wacky Cake
<b>8</b> Soft Beef Tacos Santé Fe Crispy Chicken Sandwich Hot Ham & Cheese Sandwich Southwest Veggie Wrap Ham Chef Salad w/ Crackers Cheese Pizza Pepperoni Pizza Breakfast Pizza	<b>9</b> Sweet & Sour Chicken Cheese Nachos w/ Refried Beans Hamburger Turkey Chef Salad w/ Crackers Ham & Cheese Sandwich Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza	<b>10</b> Chicken Broccoli Alfredo Pasta w/ Garlic Toast Hot Meatball Sub Cheeseburger Veggie Chef Salad w/ Crackers Turkey & Cheese Sub Cheese Pizza Pepperoni Pizza All American Cheeseburger Pizza	<b>11</b> Fritip Pie Country Steak Fingers Hot Turkey & Cheese Sandwich Ham Chef Salad w/ Crackers Fruit & Cheese Plate w/ Crackers Cheese Pizza Pepperoni Pizza Spicy Hawaiian Pizza	<b>12</b> Mac n Cheese Hot Dog Crispy Chicken Sandwich Turkey Chef Salad w/ Crackers Italian Wrap Cheese Pizza Pepperoni Pizza Classic Supreme Pizza
<b>15</b> Country Steak Fingers Hot Turkey & Cheese Sandwich Spicy Chicken Sandwich Crispy Chicken Salad w/ Crackers Fruit & Cheese Plate w/ Crackers Cheese Pizza Pepperoni Pizza Veggie Supreme Pizza	<b>16</b> Crispy Chicken Strips w/ Waffles  BBQ Pork Sandwich Grilled Chicken Fajitas Turkey & Cheese Sub Veggie Chef Salad w/ Crackers Cheese Pizza Pepperoni Pizza Classic Supreme Pizza	<b>17</b> Manager's Choice Hot Entrée Manager's Choice Hot Entrée Manager's Choice Hot Sandwich Manager's Choice Chef Salad w/ Crackers Manager's Choice Cold Sub, Sandwich or Wrap Manager's Choice Pizza	<b>18</b> Manager's Choice Hot Entrée Manager's Choice Hot Sandwich Manager's Choice Chef Salad w/ Crackers Manager's Choice Cold Sub, Sandwich or Wrap Manager's Choice Pizza	<b>19</b> 
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>29</b> 	<b>30</b>	<b>31</b>		

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

Menu subject to change without notice

 indicates this is a pork product