





Tulsa Public School – Child Nutrition Dept.

Desayuno – Summer Cafe

Julio 2017



| LUNES   | MARTES  | MIÉRCOLES  | JUEVES  | VIERNES   |
|---|---|--|---|---|
| 1<br><b>CERRADO</b><br>3 <sup>er</sup> DE JULIO<br>DÍA DE FIESTA  | 4<br><b>CERRADO</b><br>4 <sup>th</sup> DE JULIO<br>DÍA DE FIESTA  | 5<br>Cereal Cinnamon Toast<br>Crunch 1 oz.<br>Jugo Mango Swirl 4.23 fl. oz.<br>1% ó Leche de chocolate ½ pt. | 6<br>Panecillo de grano entero<br>2 oz.<br>Copa de<br>Durazno/Cereza/Arándano<br>½ c.<br>1% ó Leche de chocolate ½ pt.                        | 7<br>Barra cereal Cherrios 1.42 oz.<br>Jugo Mango Swirl 4.23 fl. oz.<br>1% ó Leche de chocolate ½ pt.         |
| 10<br>Cereal Cocoa Puffs 1.07 oz.<br>Jugo Mango Swirl 4.23 fl. oz.<br>1% ó Leche de chocolate ½ pt.           | 11<br>Barra cereal Nutrigrain<br>1.55 oz.<br>Copa de Durazno/Fresa ½ c.<br>1% ó Leche de chocolate ½ pt.                | 12<br>Cereal Trix 1 oz.<br>Jugo Mango Swirl 4.23 fl. oz.<br>1% ó Leche de chocolate ½ pt.                    | 13<br>Mini panqueque con esmalte<br>de canela 3 oz.<br>Copa de duraznos 4.4 oz.<br>1% ó Leche de chocolate ½ pt.                              | 14<br>Cereal Cinnamon Toast<br>Crunch 1 oz.<br>Jugo Mango Swirl 4.23 fl. oz.<br>1% ó Leche de chocolate ½ pt. |
| 17<br>Barra cereal Cherrios 1.42 oz.<br>Jugo Mango Swirl 4.23 fl. oz.<br>1% ó Leche de chocolate ½ pt.        | 18<br>Panecillo de grano entero<br>2 oz.<br>Copa de<br>Durazno/Cereza/Arándano<br>½ c.<br>1% ó Leche de chocolate ½ pt. | 19<br>Cereal Cocoa Puffs 1.07 oz.<br>Jugo Mango Swirl 4.23 fl. oz.<br>1% ó Leche de chocolate ½ pt.          | 20<br>Yogurt de fresa y platano<br>(Borden's 4oz.)<br>Scooby-Doo Grahams 1 oz.<br>Jugo de fruta 4.23 fl. oz.<br>1% ó Leche de chocolate ½ pt. | 21<br>Cereal Trix 1 oz.<br>Jugo Mango Swirl 4.23 fl. oz.<br>1% ó Leche de chocolate ½ pt.                     |
| 24<br>Cereal Cinnamon Toast<br>Crunch 1 oz.<br>Jugo Mango Swirl 4.23 fl. oz.<br>1% ó Leche de chocolate ½ pt. | 25<br>Barra cereal Nutrigrain<br>1.55 oz.<br>Copa de Durazno/Fresa ½ c.<br>1% ó Leche de chocolate ½ pt.                | 26<br>Barra cereal Cherrios 1.42 oz.<br>Jugo Mango Swirl 4.23 fl. oz.<br>1% ó Leche de chocolate ½ pt.       | 27<br>Panqueques mini de arándano<br>3 oz.<br>Copa de durazno 4.4 oz.<br>1% ó Leche de chocolate ½ pt.  | 28<br>Cereal Cocoa Puffs 1.07 oz.<br>Jugo Mango Swirl 4.23 fl. oz.<br>1% ó Leche de chocolate ½ pt.           |
| 31<br>Cereal Trix 1 oz.<br>Jugo Mango Swirl 4.23 fl. oz.<br>1% ó Leche de chocolate ½ pt.                     |   |                           |   |                          |

Menú está sujeto a cambios sin previo aviso.



Ésta institución es un proveedor y empleador que ofrece igualdad de oportunidades.