





Tulsa Public School – Child Nutrition Dept.

Summer Café Breakfast

July 2017



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|---|
| 1 CLOSED 3rd OF JULY HOLIDAY | 4 CLOSED 4th OF JULY HOLIDAY | 5 Cinnamon Toast Crunch Cereal 1 oz. Mango Swirl Juice 4.23 fl. oz. 1% or Chocolate Milk ½ pt. | 6 Whole Grain Muffin 2 oz. Peach/Cherry/Blueberry Cup ½ c. 1% or Chocolate Milk ½ pt. | 7 Cheerios Cereal Bar 1.42 oz. Mango Swirl Juice 4.23 fl. oz. 1% or Chocolate Milk ½ pt. |
| 10 Cocoa Puffs Cereal 1.07 oz. Mango Swirl Juice 4.23 fl. oz. 1% or Chocolate Milk ½ pt. | 11 Nutrigrain Cereal Bar 1.55 oz. Peach/Strawberry Cup ½ c. 1% or Chocolate Milk ½ pt. | 12 Trix Cereal 1 oz. Mango Swirl Juice 4.23 oz. 1% or Chocolate Milk ½ oz. | 13 Mini Cinnamon Glazed Pancake 3 oz. Peach Cup 4.4 oz. 1% or Chocolate Milk ½ pt. | 14 Cinnamon Toast Crunch Cereal 1 oz. Mango Swirl Juice 4.23 fl. oz. 1% or Chocolate Milk ½ pt. |
| 17 Cheerios Cereal Bar 1.42 oz. Mango Swirl Juice 4.23 fl. oz. 1% or Chocolate Milk ½ pt. | 18 Whole Grain Muffin 2 oz. Peach/Strawberry/Blueberry Cup ½ c. 1% or Chocolate Milk ½ pt. | 19 Cocoa Puffs Cereal 1.07 oz. Mango Swirl Juice 4.23 fl. oz. 1% or Chocolate Milk ½ pt. | 20 Strawberry Banana Yogurt (Borden’s 4oz.) Scooby-Doo Grahams 1 oz. Fruit Juice 4.23 fl. oz. 1% or Chocolate Milk ½ pt. | 21 Trix Cereal 1 oz. Mango Swirl Juice 4.23 oz. 1% or Chocolate Milk ½ oz. |
| 24 Cinnamon Toast Crunch Cereal 1 oz. Mango Swirl Juice 4.23 fl. oz. 1% or Chocolate Milk ½ pt. | 25 Nutrigrain Cereal Bar 1.55 oz. Peach/Strawberry Cup ½ c. 1% or Chocolate Milk ½ pt. | 26 Cheerios Cereal Bar 1.42 oz. Mango Swirl Juice 4.23 fl. oz. 1% or Chocolate Milk ½ pt. | 27 Mini Blueberry Pancakes 3 oz. Peach Cup 4.4 oz. 1% or Chocolate Milk ½ pt. | 28 Cocoa Puffs Cereal 1.07 oz. Mango Swirl Juice 4.23 fl. oz. 1% or Chocolate Milk ½ pt. |
| 31 Trix Cereal 1 oz. Mango Swirl Juice 4.23 oz. 1% or Chocolate Milk ½ oz. | |  | |  |

Menu subject to change without notice.



This institution is an equal opportunity provider and employer.