



**TULSA PUBLIC SCHOOLS MIDDLE SCHOOL/JR HIGH**  
**LUNCH MENU – May 2017**



**EVERYDAY CHOICES**  
**Fresh Apple, Orange or Banana**  
**Fruit Juice and Milk**

<p><b>1</b></p> <p>Hot Dog  Country Steak Fingers  Fruit &amp; Cheese Plate w/ Crackers  Turkey Chef Salad w/ Crackers  Cheese Pizza  Pepperoni Pizza  Veggie Supreme Pizza</p> <p>Seasoned Green Beans  Mashed Potatoes  Garden Salad  Whole Wheat Roll</p>	<p><b>2</b></p> <p>Chili Cheese Burrito  Crispy Fish Nuggets  Veggie Chef Salad w/ Crackers  Spicy Chicken Wrap  Cheese Pizza  Pepperoni Pizza  All American Cheeseburger Pizza</p> <p>Mexicali Corn  Sweet Potato Waffle Fries  Spanish Brown Rice</p>	<p><b>3</b></p> <p>Italian Baked Pasta w/ Garlic Toast  Crispy Chicken Sandwich  American Wrap  Ham Chef Salad w/ Crackers  Cheese Pizza  Veggie Supreme Pizza  Buffalo Chicken Pizza</p> <p>Steamed Peas &amp; Carrots  Color of Italy Salad  Spinach Salad</p>	<p><b>4</b></p> <p> BBQ Pork Sandwich w/ Carolina Slaw  Baked Potato w/ Broccoli &amp; Cheese Sauce  Crispy Chicken Salad w/ Crackers  Ham &amp; Cheese Sandwich  Cheese Pizza  Pepperoni Pizza  Classic Supreme Pizza</p> <p>Steamed Corn  Garden Salad  Whole Wheat Roll</p>	<p><b>5</b></p> <p>Crispy Chicken Strips w/ Waffle  Southwest Cheeseburger  Veggie Chef Salad w/ Crackers  Turkey &amp; Cheese Wrap  Cheese Pizza  Pepperoni Pizza  Spicy Hawaiian Pizza</p> <p>Oven Baked French Fries  BBQ Baked Beans  Garden Salad  Wacky Cake</p>
<p><b>8</b></p> <p>Soft Beef Taco  Santé Fe Crispy Chicken Sandwich  Southwest Veggie Wrap  Ham Chef Salad w/ Crackers  Cheese Pizza  Pepperoni Pizza  Breakfast Pizza</p> <p>Festive Black Beans  Sweet Potato Waffle Fries  Garden Salad</p>	<p><b>9</b></p> <p>Sweet &amp; Sour Chicken  Nachos w/ Refried Beans  Turkey Chef Salad w/ Crackers  Ham &amp; Cheese Sandwich  Cheese Pizza  Pepperoni Pizza  Buffalo Chicken Pizza</p> <p>Steamed Broccoli  Garden Salad  Cilantro Lime Rice</p>	<p><b>10</b></p> <p>Chicken Broccoli Alfredo Pasta &amp; Garlic Toast  Hot Meatball Sub  Veggie Chef Salad w/ Crackers  Turkey &amp; Cheese Sub  Cheese Pizza  Pepperoni Pizza  All American Cheeseburger Pizza</p> <p>Color of Italy Salad  Seasoned Peas &amp; Carrots</p>	<p><b>11</b></p> <p>Frito Pie  Country Steak Fingers  Ham Chef Salad w/ Crackers  Fruit &amp; Cheese Plate w/ Crackers  Cheese Pizza  Pepperoni Pizza  Spicy Hawaiian Pizza</p> <p>Zesty Cucumber Salad  Mashed Potatoes  Whole Wheat Roll</p>	<p><b>12</b></p> <p>Mac n Cheese  Hot Dog  Turkey Chef Salad w/ Crackers  Italian Wrap  Cheese Pizza  Pepperoni Pizza  Classis Supreme Pizza</p> <p>Steamed Mixed Vegetables  Baby Carrots &amp; Celery Sticks  Spinach Salad</p>
<p><b>15</b></p> <p>Country Steak Fingers  Hot Turkey &amp; Cheese Sandwich  Fruit &amp; Cheese Plate w/ Crackers  Crispy Chicken Salad w/ Crackers  Cheese Pizza  Pepperoni Pizza  Veggie Supreme Pizza</p> <p>Seasoned Green Beans  Mashed Potatoes  Garden Salad  Whole Wheat Roll</p>	<p><b>16</b></p> <p>Crispy Chicken Strips w/ Waffle   BBQ Pork Sandwich  Turkey &amp; Cheese Sub  Veggie Chef Salad w/ Crackers  Cheese Pizza  Pepperoni Pizza  Classic Supreme Pizza</p> <p>Sweet Potato Waffle Fries  BBQ Baked Beans</p>	<p><b>17</b></p> <p>Manager's Choice Hot Entrée  Manager's Choice Hot Entrée  Manager's Choice Chef Salad w/ Crackers  Manager's Choice Cold Sandwich or Sub or Wrap</p> <p>Manager's Choice Vegetable  Manager's Choice Vegetable</p>	<p><b>18</b></p> <p>Manager's Choice Hot Entrée  Manager's Choice Chef Salad w/ Crackers  Manager's Choice Cold Sandwich or Sub or Wrap</p> <p>Manager's Choice Vegetable  Manager's Choice Vegetable</p>	<p><b>19</b></p> 
<p><b>22</b></p>	<p><b>23</b></p>	<p><b>24</b></p>	<p><b>25</b></p>	<p><b>26</b></p>
<p><b>29</b></p> 	<p><b>30</b></p>	<p><b>31</b></p>		