

**TULSA PUBLIC SCHOOL – CHILD NUTRITION**

**FEBRUARY 2010**

**ELEMENTARY LUNCH**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Milk / Fruit & Vegetable Bar are offered daily.				
1 Chicken Nuggets Cheeseburger Pepperoni Pizza Club Sandwich Yogurt w/ Animal Crackers Seasoned Crispy Cube Potatoes Oven Baked Okra	2 Chicken Fried Steak BBQ Chicken on Bun Hot Pocket Ham & Cheese on Whole Wheat Bread Vegetarian Salad w/ Whole Wheat Crackers Seasoned Corn Mashed Potatoes	3 Spaghetti w/ Texas Toast Chicken Sandwich Cheese Pizza Turkey & Cheese Sandwich on Whole Wheat Bread Turkey Chef Salad w/ Whole Wheat Crackers Steamed Broccoli Chocolate Pudding	4 Fried Chicken Hot Dog Bean & Cheese Burrito Ham & Cheese Wrap Caesar Chicken Salad w/ Whole Wheat Crackers Maple Glazed Baby Carrots Mashed Potatoes	5 Cheese Bread Sticks w/ Marinara Sauce Hamburger Soft Beef Taco Turkey & Cheese on Whole Wheat Bread Yogurt w/ Scooby Graham Crackers Seasoned Green Beans Iced Fruit Bar
8 Chicken Nuggets Cheeseburger Pepperoni Pizza Club Sandwich Yogurt w/ Animal Crackers Glazed Baby Carrots Steamed Broccoli	9 Chicken & Noodles w/ Whole Wheat Crackers Hot Ham & Cheese Sandwich Hot Pocket Hoagie Vegetarian Chef Salad w/ Whole Wheat Crackers California Vegetables Wacky Cake	10 Beefaroni Chicken Sandwich Cheese Pizza Sub Sandwich Ham Chef Salad w/ Whole Wheat Crackers Steamed Peas and Carrots Seasoned Corn	11 Fried Chicken Hamburger Taco Salad American Wrap Yogurt w/ Scooby Graham Crackers Seasoned Green Beans Whole Wheat Roll	12 <b>NO SCHOOL PROFESSIONAL DAY</b>
15 <b>NO SCHOOL PRESIDENTS DAY</b>	16 Chicken Fried Steak Hot Dog Burrito Ham & Cheese on Whole Wheat Bread Yogurt w/ Animal Crackers Seasoned Green Beans Mashed Potatoes	17 Spaghetti w/ Whole Wheat Roll Chicken Sandwich Pepperoni Pizza Sub Sandwich Vegetarian Chef Salad w/ Whole Wheat Crackers Steamed Cauliflower Chocolate Pudding	18 Fried Chicken Hot Ham & Cheese Sandwich Frito Pie Turkey & Cheese Wrap Yogurt w/ Scooby Graham Crackers Steamed Broccoli Mashed Potatoes	19 Cheese Bread Sticks w/ Marinara Sauce Hamburger Soft Beef Taco Turkey & Cheese on Whole Wheat Bread Chicken Caesar Salad w/ Whole Wheat Crackers Glazed Baby Carrots Iced Fruit Bar
22 Chicken Nuggets Cheeseburger Cheese Pizza Club Sandwich Yogurt w/ Animal Crackers Sweet Potatoes Seasoned Corn	23 Chicken Fried Steak Toasted Turkey & Cheese on Whole Wheat Bread Bean & Cheese Burrito Sub Sandwich Ham Chef Salad w/ Whole Wheat Crackers California Vegetables Mashed Potatoes	24 Chicken Tetrzzini w/ Whole Wheat Roll Chicken Sandwich Cheese Pizza Hoagie Sandwich Turkey Chef Salad w/ Whole Wheat Crackers Steamed Mixed Vegetables Fruited Gelatin	25 Fried Chicken Toasted Cheese Sandwich Taco Salad American Wrap Yogurt w/ Scooby Graham Crackers Seasoned Green Beans Whole Wheat Roll	26 Fish Shapes w/ Corn Bread Hamburger Chicken Fajita Turkey & Cheese on Whole Wheat Bread Vegetarian Chef Salad w/ Whole Wheat Crackers Steamed Broccoli Oven Baked Okra

Visit us at [www.tulsaschools.org/depts/childnutrition/](http://www.tulsaschools.org/depts/childnutrition/)

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