

Tulsa Public Schools
Character Education

LIFESKILLS
Define Personal Best

The LIFESKILLS provide the language and tools that describe the relationship between the rights and the responsibilities of each learner. In a truly healthy emotional climate, every learner is responsible for protecting the rights of everyone. The teacher teaches, shares, models, and demonstrates the LIFESKILLS.

- **Caring:** To feel and show concern for others
- **Common Sense:** To use good judgment
- **Cooperation:** To work together toward a common goal or purpose
- **Courage:** To act according to one's beliefs despite fear of consequences
- **Curiosity:** A desire to investigate and seek understanding of one's world
- **Effort:** To do your best
- **Flexibility:** To be willing to alter plans when necessary
- **Friendship:** To make and keep a friend through mutual trust and caring
- **Initiative:** To do something because it needs to be done
- **Integrity:** To act according to a sense of what's right and wrong
- **Organization:** To plan, arrange, and implement in an orderly way, to keep things orderly and ready to use
- **Patience:** To wait calmly for someone or something
- **Perseverance:** To keep at it
- **Pride:** Satisfaction from doing one's best
- **Problem Solving:** To create solutions for difficult situations and everyday problems
- **Resourcefulness:** To respond to challenges and opportunities in innovative and creative ways
- **Responsibility:** To respond when appropriate, to be accountable for one's actions
- **Sense of Humor:** To laugh and be playful without harming others