

# TPS Middle School

February 27- March 3, 2023

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



**MONDAY** Spaghetti & Meatballs w/ Breadstick, Mixed Veggies

**TUESDAY** Chicken Pot Pie, Roasted Summer Squash

**WEDNESDAY** Orange Chicken w/ Rice, Green Beans

**THURSDAY** French Toast Sticks, Sausage, Eggs, Sweet Potato Fries

**FRIDAY** Chicken Tenders w/ Roll, Mashed Potatoes, Peas



*Served Daily: Hamburger, Cheeseburger, Chicken Sandwich, Spicy Chicken Sandwich*

**MONDAY** Chicken Tenders w/ Roll, Tater Tots

**TUESDAY** Chicken Nuggets w/ Roll, French Fries

**WEDNESDAY** Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries

**THURSDAY** Chicken Nuggets w/ Roll, Potato Wedges

**FRIDAY** Pizza Burger, French Fries



*Served Daily:*

*Chef Salad w/ Breadstick  
Crispy Chicken Wrap  
Turkey and Cheese Sub  
Ham and Cheese Sub*

*Friday Special: Kidzable Protein Power*



**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

*Served Daily:  
Bean and Cheese Nachos*



**MONDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Refried Beans

**TUESDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes

**WEDNESDAY** Beef Enchilada, Mexi-Chicken Nachos, Refried Beans

**THURSDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes

**FRIDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Stewed Pinto Beans



*Served Daily: Cheese Pizza, Pepperoni Pizza*

**MONDAY** Sausage Pizza

**TUESDAY** Personal Pepperoni Pizza

**WEDNESDAY** Jalapeno Popper Pizza

**THURSDAY** Mini Meatlover's Calzone

**FRIDAY** Cheeseburger Pizza



This institution is an equal opportunity provider and employer.



Nutrition Information is available upon request.

# TPS Middle School

March 6 - March 10, 2023

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



**MONDAY** Walking Nachos, Corn  
**TUESDAY** Grilled Cheese w/ Tomato Soup, Broccoli, Potato Wedges  
**WEDNESDAY** Chicken Parm. w/ Breadstick, Mixed Veggies  
**THURSDAY** No School  
**FRIDAY** No School

*Served Daily:  
Bean and Cheese Nachos*



**MONDAY** Soft Chicken Taco, Mexi-Chicken Nachos, Refried Beans  
**TUESDAY** Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes  
**WEDNESDAY** Beef Enchilada, Mexi-Chicken Nachos, Refried Beans  
**THURSDAY** No School  
**FRIDAY** No School



*Served Daily: Hamburger,  
Cheeseburger, Chicken Sandwich,  
Spicy Chicken Sandwich*

**MONDAY** Chicken Tenders w/ Roll, Tater Tots  
**TUESDAY** Chicken Nuggets w/ Roll, French Fries  
**WEDNESDAY** Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries  
**THURSDAY** No School  
**FRIDAY** No School



*Served Daily: Cheese Pizza,  
Pepperoni Pizza*

**MONDAY** Buffalo Chicken Pizza  
**TUESDAY** Personal Sausage Pizza  
**WEDNESDAY** Supreme Pizza  
**THURSDAY** No School  
**FRIDAY** No School



*Served Daily:*

*Chicken, Bacon, and Ranch Wrap  
Crispy Chicken Salad w/ Breadstick  
Turkey and Cheese Sub  
Ham and Cheese Sub*

*Friday Special: No School*



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# TPS Middle School

March 20 - March 24, 2023

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



<b>MONDAY</b>	Walking Nachos, Aztec Corn & Black Beans
<b>TUESDAY</b>	Teriyaki Pork w/ Rice, Asian Roasted Carrots
<b>WEDNESDAY</b>	Mac and Cheese w/ Roll, Mixed Veggies
<b>THURSDAY</b>	Spaghetti w/ Meatballs w/ Breadstick, Peas
<b>FRIDAY</b>	Steak Fingers w/ Roll, Mashed Potatoes w/ Gravy, Green Beans



*Served Daily: Hamburger,  
Cheeseburger, Chicken Sandwich,  
Spicy Chicken Sandwich*

<b>MONDAY</b>	Chicken Tenders w/ Roll, Tater Tots
<b>TUESDAY</b>	Chicken Nuggets w/ Roll, French Fries
<b>WEDNESDAY</b>	Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries
<b>THURSDAY</b>	Chicken Nuggets w/ Roll, Potato Wedges
<b>FRIDAY</b>	Bacon Cheeseburger, French Fries



*Served Daily:*

*Chicken, Bacon, and Ranch Wrap  
Crispy Chicken Salad w/ Breadstick  
Turkey and Cheese Sub  
Ham and Cheese Sub*

*Friday Special: Kidzable: Protein Power*

*Served Daily:  
Bean and Cheese Nachos*



<b>MONDAY</b>	Soft Chicken Taco, Mexi-Chicken Nachos, Refried Beans
<b>TUESDAY</b>	Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
<b>WEDNESDAY</b>	Beef Enchilada, Mexi-Chicken Nachos, Refried Beans
<b>THURSDAY</b>	Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
<b>FRIDAY</b>	Soft Chicken Taco, Mexi-Chicken Taco, Stewed Pinto Beans



*Served Daily: Cheese Pizza,  
Pepperoni Pizza*

<b>MONDAY</b>	Buffalo Chicken Pizza
<b>TUESDAY</b>	Personal Sausage Pizza
<b>WEDNESDAY</b>	Supreme Pizza
<b>THURSDAY</b>	Sausage Calzone
<b>FRIDAY</b>	Jalapeno Popper Pizza



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# TPS Middle School

March 27 - March 31, 2023

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.



<b>MONDAY</b>	Cheese Ravioli w/ Meat Sauce w/ Breadstick, Green Beans
<b>TUESDAY</b>	Chicken Tenders w/ Roll, Glazed Carrots
<b>WEDNESDAY</b>	Sweet and Sour Chicken w/ Lo Mein, Roasted Broccoli
<b>THURSDAY</b>	Beefy Totchos, Aztec Corn & Black Beans
<b>FRIDAY</b>	Chicken Tenders w/ Roll, Mixed Vegetables



*Served Daily: Hamburger,  
Cheeseburger, Chicken Sandwich,  
Spicy Chicken Sandwich*

<b>MONDAY</b>	Chicken Tenders w/ Roll, Tater Tots
<b>TUESDAY</b>	Chicken Nuggets w/ Roll, French Fries
<b>WEDNESDAY</b>	Chicken Tenders w/ Roll, Sweet Potato Crinkle Cut Fries
<b>THURSDAY</b>	Chicken Nuggets w/ Roll, Potato Wedges
<b>FRIDAY</b>	Barbeque Pork Sandwich, French Fries



*Served Daily:*

*Chef Salad w/ Breadstick  
Crispy Chicken Wrap  
Turkey and Cheese Sub  
Ham and Cheese Sub*

*Friday Special: Kidzable: Protein Power*

*Served Daily:  
Bean and Cheese Nachos*



<b>MONDAY</b>	Soft Chicken Taco, Mexi-Chicken Nachos, Refried Beans
<b>TUESDAY</b>	Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
<b>WEDNESDAY</b>	Beef Enchilada, Mexi-Chicken Nachos, Refried Beans
<b>THURSDAY</b>	Soft Beef Taco, Beef & Cheese Nachos, Fiesta Potatoes
<b>FRIDAY</b>	Soft Chicken Taco, Mexi-Chicken Taco, Stewed Pinto Beans



*Served Daily: Cheese Pizza,  
Pepperoni Pizza*

<b>MONDAY</b>	Buffalo Chicken Pizza
<b>TUESDAY</b>	Personal Pepperoni Pizza
<b>WEDNESDAY</b>	Jalapeno Popper Pizza
<b>THURSDAY</b>	Mini Meatlover's Calzone
<b>FRIDAY</b>	Cheeseburger Pizza or Pepperoni Calzone



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