

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

3

Barbeque Chicken Sandwich  
Chicken Alfredo w/ Garlic Knot  
Kidzable: Italian  
Sweet Potato Crinkle Fries  
Garden Bar  
Milk

4

American Sandwich  
Cheese Pizza  
Chicken Quesadilla  
Peas and Carrots  
Garden Bar  
Milk

5

Grilled Cheese Sandwich  
Spaghetti w/ Meatballs w/ Breadstick  
Turkey and Cheese Sandwich  
Roasted Broccoli  
Milk

6

Frito Chili Pie  
Pepperoni Pizza  
Sunbutter and Jelly Sandwich  
Frijoles Ala Charro  
Garden Bar  
Milk

7

Bean and Cheese Burrito  
Chicken Nuggets w/ Roll  
Ham and Cheese Sandwich  
Mashed Potatoes w/ Gravy  
Corn  
Garden Bar  
Milk

Variety of fat-free and low-fat milk offered daily.

10

Mexi Chicken Flatbread Pizza  
Sunbutter and Jelly Sandwich  
Walking Nachos  
Refried Beans  
Garden Bar  
Milk

11

Cheesy Chicken Spaghetti  
Cheese Ravioli w/ Breadstick  
Crispy Chicken Wrap  
Roasted Broccoli  
Garden Bar  
Milk

12

American Sandwich  
French Toast, Eggs, Sausage  
Pepperoni Pizza  
Baked Cinnamon Apples  
Garden Bar  
Milk

13

Chicken Nuggets w/ Garlic Knot  
Corn Dog  
Caesar Chicken Wrap  
Seasoned Carrots  
Mashed Potatoes and Gravy  
Garden Bar  
Milk

14

Cheese Pizza  
Hamburger  
Pinwheel Party Box  
Mixed Veggies  
Garden Bar  
Milk

Garden Bar offers fresh fruit and vegetables in an inviting variety.

17

Stuffed Mozzarella Breadsticks  
w/ Marinara  
Breaded Chicken Drumstick w/  
Breadstick  
Ham and Cheese Sandwich  
Green Beans  
Garden Bar  
Milk

18

Beef Lasagna w/ Breadstick  
Chicken and Waffles  
Buffalo Wrap  
Roasted Squash  
Garden Bar  
Milk

19

Cheese Pizza  
Bean and Cheese Nachos  
Crispy Chicken Wrap  
Pinto Beans  
Garden Bar  
Milk

20

Twisted Hot Dog  
Orange Chicken w/ Rice  
Sunbutter and Jelly Sandwich  
Peas  
Garden Bar  
Milk

21

Grilled Cheese Sandwich  
Pepperoni Pizza  
Chicken Caesar Wrap  
Sweet Potato Crinkle Fries  
Garden Bar  
Milk

Local products served when seasonally available.

24

American Sandwich  
Baked Penne Pasta w/ Garlic Knot  
Chicken Sandwich  
Green Beans  
Garden Bar  
Milk

25

Cheese Pizza  
Hamburger  
Pinwheel Party Box  
Roasted Broccoli  
Garden Bar  
Milk

26

Barbeque Pork Sandwich  
Chicken Nuggets w/ Roll  
Strawberry Banana Parfait w/  
Cheese Stick  
Smiley Fries  
Garden Bar  
Milk

27

28

## Mathematics Awareness Month

April is Mathematics and Statistics Awareness Month. Since the start of Mathematics Awareness Week back in 1986, the aim has been to increase the level of interest in the study of mathematics and increase the level of public understanding and appreciation for the wide range of applications for mathematics in fields as diverse as manufacturing, business and medicine. However, sometimes we overlook a daily activity that can help students not only advance their math skills but also establish

life skills. That activity is cooking. Cooking with recipes engages reading skills, comprehension and math. Recipes might include fractions, measuring and portioning many of the basic skills students need to excel in math. Consider encouraging your child to select a few recipes he or she would like to make. Then, take some extra time to have fun and appreciate together the opportunity cooking brings to build a greater understanding and appreciation for mathematics.



Mathematics Awareness Month is a national effort to increase public understanding and appreciation of the role of mathematics in our lives.

[www.liftoffsplayground.com](http://www.liftoffsplayground.com)

### BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage Pancake Bites Applesauce Milk and Juice	Assorted Cereals w/ Toast Orange Milk and Juice	Sausage Breakfast Pizza Banana Milk and Juice	English Muffin w/ Ham Craisins Milk and Juice	Blueberry or Cinnamon Mini Waffles Apple Milk and Juice
Cinnamon Toast Breakfast Bar Applesauce Milk and Juice	Cinnamon Roll Orange Milk and Juice	Assorted Cereal w/ Toast Banana Milk and Juice	Oatmeal Chocolate Chip Or Cinnamon Breakfast Round Craisins Milk and Juice	Cinnamon or Maple Mini Waffles Apple Milk and Juice
Blueberry or Maple Mini Waffles Applesauce Milk and Juice	Assorted Cereal w/ Toast Orange Milk and Juice	Sausage Breakfast Pizza Banana Milk and Juice	English Muffin w/ Ham Craisins Milk and Juice	Assorted Cereal w/ Toast Apple Milk and Juice
Cinnamon Toast Breakfast Bar Applesauce Milk and Juice	Cinnamon Roll Orange Milk and Juice	Assorted Cereal w/ Toast Banana Milk and Juice		

### Fresh Pick Recipe

#### PINEAPPLE SALSA (SERVES 6)

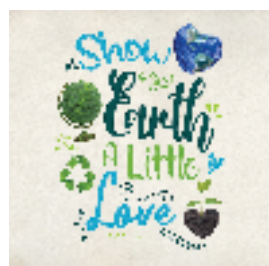
- 2 1/2 cups pineapple tidbits (drained)
- 1/2 cup green bell pepper (chopped)
- 1/4 cup red onion (chopped)
- 1/2 cup cilantro (chopped)
- 1/2 cup jalapeno pepper (dried and chopped)

#### Lime Dressing

- 1 tablespoon brown sugar
- 1/8 cup unsweetened lime juice
- 1/8 teaspoon black pepper (ground)

1. Drain pineapple.
2. Dice green pepper and onion.
3. Wash cilantro and jalapeno. Pull leaves off of stem and roughly chop.
4. Drain and chop jalapeno.
5. Whisk together sugar, lime juice and pepper.
6. Combine pineapple, onion and pepper, cilantro and jalapenos with lime dressing in serving container. Mix well.
7. Refrigerate for 30 minutes prior to serving.

60 mg. total fat  
0 cholesterol  
20 mg. sodium



Nutrition information is available upon request.