

TPS - Middle Schools

August 29 - September 2

* = contains pork/gelatin

Menus are subject to change due to availability



**A MINIMUM OF 6 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday

Deluxe Cheeseburger or Juicy Hamburger

Crispy Chicken Burger or Spicy Chicken Burger



MONDAY	Chicken Tenders with a Freshly Baked Dinner Roll
TUESDAY	Breaded Chicken Nuggets with a Freshly Baked Dinner Roll
WEDNESDAY	Chicken Tenders with a Freshly Baked Dinner Roll
THURSDAY	Breaded Chicken Nuggets with a Freshly Baked Dinner Roll
FRIDAY	BBQ Pork Rib-B-Que Sandwich*

Daily Special/Everyday

V *Bean & Cheese Layered Nachos with Choice of Queso (V)*



MONDAY	Mexi-Chicken Nachos with Choice of Queso Chicken Tacos
TUESDAY	Beefy Nachos with Choice of Queso Beef Soft Tacos
WEDNESDAY	Beef Enchilada Mexi-Chicken Nachos with Choice of Queso
THURSDAY	Beefy Nachos with Choice of Queso Beef Soft Tacos
FRIDAY	Mexi-Chicken Nachos with Choice of Queso Chicken Tacos



Daily Special/Everyday

MONDAY	Cheese Ravioli & Meat Sauce with a Freshly Baked Breadstick & Roasted Green Beans
TUESDAY	Crispy Chicken Tenders with a Freshly Baked Dinner Roll & Citrus Glazed Carrots
WEDNESDAY	Sweet & Sour Chicken with Vegetable Lo Mein & Steamed Broccoli
THURSDAY	Beef Totchos with Aztec Corn
FRIDAY	Crispy Chicken Tenders with a Freshly Baked Dinner Roll & Whipped Potatoes & Mixed Garden Veggies



Daily Special/Everyday

Cheese Pizza (V)

*Pepperoni Pizza**

V

MONDAY	Italian Sausage Pizza*
TUESDAY	Personal Pan Pepperoni Pizza*
WEDNESDAY	Jalapeno Popper Pizza*
THURSDAY	Mini Meatlovers Calzone*
FRIDAY	Cheeseburger Pizza



Daily Special/Everyday

Chef Salad with a Freshly Baked Twisted Breadstick (pork-free)
Turkey & Cheese Sub
Turkey Ham & Cheese Sub (pork-free)

MONDAY	Crispy Chicken Wrap
TUESDAY	Crispy Chicken Wrap
WEDNESDAY	Crispy Chicken Wrap
THURSDAY	Crispy Chicken Wrap
FRIDAY	Protein Power Box*

V Vegetarian

SP Smart Pick

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium & calories.

This institution is an equal opportunity provider.



Nutrition Information is available upon request.