## Tulsa Public Schools Physical Education at Home!!

**Elementary PE Resources** 

Secondary PE Resources

**Physical Education Activities** 

March Elementary Calendar

March Elementary Calendar Spanish

March Secondary Calendar

March Secondary Calendar Spanish

April Elementary Calendar

April Elementary Calendar Spanish

**April Secondary Calendar** 

April Secondary Calendar Spanish

Home Fitness Activities

**Towel Fitness & Challenge** 

**Balloon Games** 

Paper Plate Tabata

Make your own exercise dice game

Rob Kaiser - Kobe Game

Walking Classroom Podcasts

**Gopher PE Activities** 

Spark PE At Home

**Dynamic PE At Home** 

## Tulsa Public Schools Physical Education at Home!!

For more information or additional resources please feel free to email Jen Sanders Physical Education Coordinator at <a href="mailto:sandeje2@tulsaschools.org">sandeje2@tulsaschools.org</a>